



RENAL DISORDERS MEDICAL SOURCE STATEMENT

Patient Name: _____ Date: _____

Provider Name / Specialty: _____

SECTION 1 — DIAGNOSIS, STAGE, AND DURATION

Renal diagnosis confirmed by treating provider and laboratory testing? _____ ☐ Yes ☐ No

Primary renal condition (check all that apply):

☐ Chronic kidney disease (non-dialysis)

☐ End-stage renal disease (ESRD)

☐ Dialysis-dependent renal failure

☐ Status post kidney transplant

CKD stage or most recent eGFR (if known): _____

Date condition became clinically significant: _____

Condition expected to last $\geq$ 12 months? _____ ☐ Yes ☐ No

SECTION 2 — TREATMENT REQUIREMENTS AND MEDICAL SCHEDULING

Current renal treatment (check all that apply):

☐ Hemodialysis ☐ Peritoneal dialysis ☐ Transplant follow-up ☐ Conservative management

Dialysis schedule (if applicable):

☐ 3x per week ☐ Other frequency: _____

Typical recovery time required after dialysis before baseline functioning returns:

☐ None ☐ Several hours ☐ Remainder of the day ☐ Next day

Frequent medical appointments or lab monitoring required? _____ ☐ Yes ☐ No

SECTION 3 — RENAL SYMPTOMS AND FUNCTIONAL EFFECTS

Renal-related symptoms documented longitudinally (check all that apply):

☐ Severe fatigue ☐ Weakness ☐ Nausea/vomiting ☐ Headache

☐ Cognitive slowing / mental fog ☐ Dizziness/lightheadedness ☐ Shortness of breath

☐ Muscle cramping ☐ Pruritus ☐ Edema ☐ Sleep disturbance

SECTION 4 — FATIGUE, VARIABILITY, AND WORK SUSTAINABILITY

Typical baseline stamina or endurance level:

☐ Mild ☐ Moderate ☐ Severe ☐ Very severe / disabling

Symptom variability:

How often do renal symptoms or post-treatment effects unpredictably worsen?

☐ Daily ☐ Several times per week ☐ Weekly ☐ Monthly ☐ Unpredictable



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When symptoms worsen, the patient is unable to reliably (check all that apply):

- ☐ Sustain physical activity
- ☐ Maintain pace or productivity
- ☐ Remain upright without rest
- ☐ Complete tasks on schedule
- ☐ Leave home

Due to renal symptoms, dialysis effects, or fatigue, the patient would be away from the work task (off-task and/or on unscheduled breaks) for approximately:

- ☐ 0% ☐ 10% ☐ 15% ☐ 20%+

Likely absences per month due to renal treatment or symptoms:

- ☐ None ☐ 1 ☐ 2 ☐ 3+ ☐ Unable to sustain full-time attendance

SECTION 5 — SITTING, STANDING, AND WALKING TOLERANCE

Indicate the total time the patient can perform each activity in an 8-hour workday.

ACTIVITY	0	1	2	3	4	5	6+
SITTING	☐	☐	☐	☐	☐	☐	☐
STANDING	☐	☐	☐	☐	☐	☐	☐
WALKING	☐	☐	☐	☐	☐	☐	☐

Needs to alternate positions at will? ☐ Yes ☐ No

SECTION 6 — LIFTING, CARRYING, AND PHYSICAL ENDURANCE

WEIGHT	NEVER (0%)	OCCASIONAL ($\leq 1/3$)	FREQUENT ($1/3-2/3$)	CONSTANT ($2/3-100\%$)
<10 LBS	☐	☐	☐	☐
10 LBS	☐	☐	☐	☐
20 LBS	☐	☐	☐	☐
50 LBS	☐	☐	☐	☐

Fatigue, weakness, or post-dialysis effects significantly limit sustained exertion even at low levels? ☐ Yes ☐ No

SECTION 7 — CONSISTENCY

Do the limitations described above reflect what you have consistently observed and documented during treatment, including review of laboratory findings and dialysis records?

☐ Yes ☐ No ☐ Partially (explain): _____

Provider Signature: _____ Date: _____

Address / Phone: _____