



CHRONIC PAIN SYNDROME MEDICAL SOURCE STATEMENT

Patient Name: _____ Date: _____

Provider Name / Specialty: _____

SECTION 1 — DIAGNOSIS, DURATION, AND LONGITUDINAL COURSE

Diagnosis (check all that apply):

☐ Chronic Pain Syndrome ☐ CRPS Type I ☐ CRPS Type II ☐ Other pain disorder: _____

Date symptoms first began: _____

Affected body region(s) or limb(s): _____

Condition expected to last $\geq$ 12 months? _____ ☐ Yes ☐ No

Overall course over time:

☐ Stable

☐ Gradually worsening

☐ Fluctuating / unpredictable

SECTION 2 — DISPROPORTIONATE PAIN AND AUTONOMIC / SENSORY FEATURES

Clinical features documented over time (check all that apply):

☐ Pain disproportionate to objective findings ☐ Allodynia ☐ Hyperalgesia ☐ Burning or electric pain

☐ Temperature asymmetry ☐ Color changes ☐ Edema ☐ Abnormal sweating ☐ Skin/nail changes

☐ Tremor ☐ Weakness ☐ Dystonia ☐ Decreased range of motion ☐ Autonomic instability

☐ Pain behavior observed during exams (if applicable): _____

SECTION 3 — PAIN SEVERITY, VARIABILITY, AND WORK SUSTAINABILITY

Due to pain, sensory disturbance, autonomic symptoms, or medication effects, the patient would be away from the work task (off-task and/or on unscheduled breaks) for approximately:

☐ 0% ☐ 10% ☐ 15% ☐ 20%+

This time away from task would be caused by (check all that apply):

☐ Pain spikes requiring cessation of activity

☐ Need to rest, reposition, or elevate

☐ Sensory intolerance or allodynia

☐ Autonomic symptoms

☐ Medication side effects

Likely absences per month:

☐ None

☐ 1

☐ 2

☐ 3+

☐ Unable to sustain full-time attendance

Assistive device medically necessary?

☐ No

☐ Cane

☐ Crutch

☐ Walker

☐ Other: _____

Primary contributors to unreliable work functioning:

☐ Pain exacerbations

☐ Sensory disturbances

☐ Autonomic symptoms

☐ Medication side effects

☐ Limb dysfunction

☐ Fatigue

☐ Other: _____



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SECTION 4 — SITTING, STANDING, AND WALKING TOLERANCE

Indicate the total time the patient can perform each activity in an 8-hour workday.

ACTIVITY	0	1	2	3	4	5	6+
SITTING	☐	☐	☐	☐	☐	☐	☐
STANDING	☐	☐	☐	☐	☐	☐	☐
WALKING	☐	☐	☐	☐	☐	☐	☐

Needs to alternate positions at will? ☐ Yes ☐ No

Need to elevate affected limb(s)? ☐ Yes ☐ No If yes: Elevation height: _____ %
of workday: _____ %

Supporting findings (pain behaviors, guarding, swelling, autonomic changes, limited ROM): _____

SECTION 5 — LIFTING, CARRYING, AND MANIPULATIVE CAPACITY

WEIGHT	NEVER (0%)	OCCASIONAL ($\leq 1/3$)	FREQUENT ($1/3-2/3$)	CONSTANT ($2/3-100\%$)
<10 LBS	☐	☐	☐	☐
10 LBS	☐	☐	☐	☐
20 LBS	☐	☐	☐	☐
50 LBS	☐	☐	☐	☐

If upper extremity involved: _____

ACTIVITY	0	1	2	3	4	5	6+
SITTING	☐	☐	☐	☐	☐	☐	☐
STANDING	☐	☐	☐	☐	☐	☐	☐
WALKING	☐	☐	☐	☐	☐	☐	☐

Findings supporting these limitations: _____

SECTION 6 — CONSISTENCY

Do the limitations described above reflect what you have consistently observed and documented during treatment?

☐ Yes ☐ No ☐ Partially (explain): _____

Provider Signature: _____ Date: _____

Address / Phone: _____